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## What we claim is:

- 1. Method of preparing monodisperse polymer particles by free radical polymerization or copolymerization of hydrophobic monomers in a water-based system in the presence of cyclodextrin, characterized in that said free radical polymerization is performed with a semi-continuous addition of monomer, which should be absent before initiating the polymerization reaction, and in that a total solid contents is present of less than 30 % by weight in said water-based system.
- 2. Method according to claim 1, wherein preparing monodisperse polymer particles by free radical polymerization or copolymerization of hydrophobic monomers in a water-based system proceeds in the presence of  $\beta$ -cyclodextrin.
- 3. Method according to claim 1, wherein said free-radical polymerization is initiated by a persulfate initiator.
- 4. Method according to claim 1, wherein said free-radical polymerization is performed via seeded emulsion or dispersion polymerization.
- 5. Method according to claim 1, wherein said polymerization is performed in the absence of addition of any ionic surfactant.
  - 6. Method according to claim 1, wherein said hydrophobic monomer is a compound selected from the group consisting of styrenics, acrylonitrile, methacrylonitrile, acrylates, methacrylates, methacryl amides, acrylamides, vinylamide, maleimides; vinyl ethers, vinyl esters, monoalkylmaleates, dialkyl maleates, fluorinated acrylates, fluorinated methacrylates, dienes and derivatives thereof.

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- 7. Method according to claim 1, wherein said hydrophobic monomer is a compound selected from the group consisting of styrene, methylmethacrylate, vinylacetate, vinyl versatate, N-phenyl maleimide, divinylbenzene, ethyleneglycol diacrylate, 2,2,2trifluoroethylacrylate, 2,2,2-trifluoroethyl methacrylate, vinylcaprolactam, acrylonitrile, vinyl acetate, methacrylamide, N-benzyl maleimide and vinyl versatate.
- 8. Method according to claim 1, wherein said monodisperse polymer particles have an average particle size between 0.02 µm and 20 μm.
- 9. Monodisperse polymer particles, prepared according to the method of claim.
- 10. Use of monodisperse polymer particles according to claim 9, in inks or toners, in photonic crystal films, in thermal printing plates for computer-to-plate or computer-to-press applications, in inkjet media, in displays or in photographic films, or as a spacing agent.